

51 Sewall Ave Pollinator Garden Native Plant List 2025

| Plant | Conditions and Size | Seasonal Interest | Wildlife Value | Ecological Notes |
|---|---|---------------------------------|---|--|
| Virginia spring-beauty <i>(Claytonia virginica)</i> | Moist to moderate Part shade to shade 2-4" high 4-6" apart | White spring ephemeral flowers. | Supports bees. | Found in woodlands. |
| common blue violet <i>(Viola sororia)</i> | Moist to moderate Part shade to shade 4-6" high 4-6" apart | Blue spring ephemeral flowers. | Supports bees, butterflies, songbirds, and hummingbirds. Keystone larval host for many species, including fritillaries butterflies. | Grows well in urban environments. Deer and rabbit resistant. Use instead of pansies. |
| foamflower <i>(Tiarella cordifolia)</i> | Moderate Part shade to shade 1' high 1-2' apart | Pink spring flowers. | Supports bees and butterflies. Larval host for Eastern comma, mourning cloak, and question mark butterflies. | Used in the slopes of rain gardens and swales. Grows well in an urban environment. Deer and rabbit resistant. Use instead of lily of the valley. |
| twinleaf <i>(Jeffersonia dipylla) *</i> | Moderate Part shade to shade 1-2' high 1-2' apart | White spring flowers | Supports bees. | Mid-Atlantic to southeastern coastal native. |

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|---|--|---|--|---|
| heart leaf golden Alexander (<i>Zizia aptera</i>) * | Moderate Sun to part shade 1-2' high 1' apart | Yellow spring flowers. | Supports bees and butterflies. Larval host for swallowtail butterflies. | Mid-Atlantic and southeastern coastal native. Used in rain garden slopes. Grows well in urban environments. Drought tolerant. |
| lady fern (<i>Athyrium angustum</i> 'Lady in Red')** | Moist to moderate Part shade to shade 1-2' high 1-2' apart | Lush foliage. | Provides nesting materials and shelter for birds. Larval host for the ghostly fern moth. | Used in rain gardens and rock gardens. Deer and rabbit resistant. |
| maidenhair fern (<i>Adiantum pedatum</i>) | Moist to moderate Part shade to shade 1-2' high 1-2' apart | Lush foliage | Provides nesting materials and shelter for birds. | Used in vegetated buffers and rain gardens. Deer and rabbit resistant. |
| sweet bay magnolia (<i>Magnolia virginiana</i>) | Moist to moderate Sun to part shade 10-20' high 8-15' apart | White spring flowers. Summer fruit, which contains seeds for songbirds | Supports bees, butterflies, songbirds, and hummingbirds Larval host for many species, including tiger swallowtail, palamedes swallowtail, and spicebush swallowtail butterflies and sweetbay silkmoths. | Used in rain gardens Salt tolerant. Deer and rabbit resistant. |

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| compact sweet pepperbush (<i>Clethra alnifolia</i> 'Compacta') ** | Moist to moderate Sun to part shade 4-8' high 4-6' apart | White flowers in late spring. | Supports bees, butterflies, and hummingbirds. Provides nectar for monarch butterflies. Larval host for 11 species. | Used in rain garden basins, swale slopes, vegetated buffers, and hedges. Provides erosion control and soil stabilization. Grows well in urban environments. Drought, salt, and compaction tolerant. |
| trumpet honeysuckle (<i>Lonicera sempervirens</i>) | Moderate Sun to part shade 4-15' high 4-8' apart | Orange spring and summer flowering vine. Red fall fruit for birds. | Supports butterflies, songbirds, and hummingbirds. Larval host for spring azure butterflies and snowberry clearwing moths. | Used for screening. Grows well in urban environments. Drought and salt tolerant. Deer and rabbit resistant. |
| small yellow lady's slipper (<i>Cypripedium parviflorum</i>) | Moderate Part shade 1' high 1' apart | Yellow spring flowers. | Supports bees. | |
| foxglove beardtongue (<i>Penstemon digitalis</i>) * | Moderate to dry Sun to part shade 1-4' high 1-2' apart | White flowers in late spring. | Supports bees, butterflies, and hummingbirds. Provides nectar to at-risk bumblebees. Larval host for dotted checkerspot butterflies and chalcid midget moths. | Mid-Atlantic and southeastern coastal native. Used in rain garden slopes. Grows well in an urban environment. Drought tolerant. |

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| red columbine <i>(Aquilegia canadensis)</i> aka Canada columbine | Moderate to dry Sun to part shade 1-2' high 1' apart | Red flowers in late spring. | Supports bees, butterflies, and hummingbirds. Larval host for 12 species of moths and butterflies, including the columbine duskywing butterfly. | Used in vegetated buffers, rock gardens, rain gardens slopes, and swale slopes. Grows well in urban environments. Drought and salt tolerant. Deer and rabbit resistant |
| Eastern wild lupine (<i>Lupinus perennis</i>) aka sundial lupine | Moderate to dry Sun to part shade 1-2' high 1' apart | Blue flowers in early summer. | Supports bees and butterflies. Provides nectar to at-risk bumblebee species. Keystone larval host for many species, including Karner blue butterflies (endangered) and frosted elfin butterflies (a species of greatest conservation need). | Used in vegetated buffers. Drought and compaction tolerant. Deer and rabbit resistant. |
| swamp milkweed <i>(Asclepias incarnata)</i> | Moist to moderate Sun to part shade 2-4' high 1-2' apart | Pink summer flowers. | Supports bees and butterflies. Provides nectar for at-risk bumblebees and monarch butterflies. Hosts 12 species of lepidoptera, including monarch and queen butterflies and milkweed tussock moths | Used in rain garden basins and swale bases. Deer and rabbit resistant. |

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|--|---|---------------------------|--|---|
| butterfly weed <i>(Asclepias tuberosa)</i> | Moderate to dry Sun 1-3' high 1-2' apart | Orange summer flowers. | Supports bees, butterflies, and hummingbirds. Provides nectar for at-risk bumblebees and monarch butterflies. Hosts monarch and queen butterflies and milkweed tussock moths | Used in vegetated buffers, rock gardens, and the slopes of rain gardens and swales. Grows well in urban environments. Drought and salt tolerant. Deer and rabbit resistant. |
| blue vervain <i>(Verbena hastata)</i> | Moist to moderate Sun to part shade 2-4' high 1-2' apart | Blue summer flowers. | Supports bees, butterflies, and songbirds. Larval host for buckeye butterflies and verbena moths. | Used in the slopes of swales and in rain garden basins or slopes. Compaction tolerant. |
| New England blazing star <i>(Liatris novae-angliae)</i> | Moderate to dry Sun to part shade 1-4' high 1' apart | Purple summer flowers. | Supports bees, butterflies, and songbirds. Provides nectar for monarch butterflies. | A species of special concern. Grows well in urban environments. Drought and compaction tolerant. |
| New York ironweed <i>(Vernonia noveboracensis)</i> | Moist to moderate Sun to part shade 4-7' high 3-4' apart | Pink late summer flowers. | Supports bees, butterflies, and songbirds. Provides nectar for monarch butterflies. Larval host for at least 10 moth species, including ruby tiger and ironweed plume moths. | Used in swale slopes. Deer and rabbit resistant. |

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| pearly everlasting (<i>Anaphalis margaritacea</i>) | Moderate to dry Sun to part shade 1-3' high 1-2' apart | White summer flowers. | Supports butterflies. Larval host for American lady butterflies. | |
| blue false indigo (<i>Baptisia australis</i>) * | Moderate to dry Sun 3-4' apart 3-4' apart | Blue summer flowers. | Supports bees and butterflies Larval host for wild indigo duskywing, eastern-tailed blue, orange and clouded sulphur, and frosted elfin butterflies. | Mid-Atlantic coastal native. Drought tolerant. |
| eastern purple coneflower (<i>Echinacea purpurea</i>) * | Moist to dry Sun to part shade 2-4' apart 1' apart | Purple summer flowers. | Supports bees, butterflies, and songbirds Larval host for silvery checkerspot butterflies and wavy-lined emerald moths | Southeastern coastal native. Used in rain gardens and rock gardens. Drought and salt tolerant. Deer resistant. |
| red turtlehead (<i>Chelone Obliqua</i>) * | Moist to moderate Sun to shade 1-3' high 1-2' apart | Pink to purple summer and fall flowers. | Supports bees, butterflies, and hummingbirds. Unlike the white turtlehead, this is not a known larval host for Baltimore checkerspot butterflies. | Southeastern coastal native. Used in rain gardens. |
| black-eyed Susan (<i>Rudbeckia hirta</i>) | Moderate to dry Sun to part shade 1-2' high 1' apart | Yellow flowers summer through fall. | Supports bees, butterflies, and songbirds. Larval host for silver checkerspot butterflies, emerald moths, and common eupithecia moths | Used in rain garden slopes. Grows well in urban environments. Drought and salt tolerant. Deer and rabbit resistant. |

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|--|---|--|---|--|
| wild bee-balm (<i>Monarda fistulosa</i>) aka wild bergamot | Moderate Sun to part shade 2-4' high 1-2' apart | Pink flowers summer through fall. | Supports bees, butterflies, songbirds, and hummingbirds. Provides nectar to at-risk bumblebees and monarch butterflies. Larval host for raspberry pyrausta butterflies. | Used in rain garden slopes. Grows well in urban environments. Deer and rabbit resistant. |
| scarlet bee-balm (<i>Monarda didyma</i>) * | Moderate Sun to part shade 2-4' high 2-3' apart | Red flowers summer through fall. | Supports bees, butterflies, songbirds, and hummingbirds. Provides nectar for at-risk bumblebees. Larval host for the hermit sphinx, orange mint moth, and the raspberry pyrausta. | Mid-Atlantic and Southeastern coastal native. Grows well in urban environments. Deer and rabbit resistant. |
| cutleaf coneflower (<i>Rudbeckia laciniata</i>) | Moist to moderate Sun to part shade 3-4' high 2-4' apart | Yellow flowers summer through fall. | Supports bees, butterflies, and songbirds. Larval host for 23 species, including wavy-lined emerald moths and silvery checkerspot butterflies. | Used in vegetated buffers and rain garden slopes. Compaction tolerant. Deer and rabbit resistant. |
| coastal plain Joe-pye weed (<i>Eutrochium dubium</i>) | Moist to moderate Sun 3-4' high 2-4' apart | Purple flowers summer through fall | Supports bees and butterflies. Provides nectar for at-risk bumblebees. | Salt tolerant. Deer and rabbit resistant. |

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| obedient plant <i>(Physostegia virginiana)</i> * | Moist to moderate Sun to part shade 1-2' high 2-3' apart | White to purple flowers summer through fall. | Supports bees, butterflies, and hummingbirds. Provides nectar for at-risk bumblebees and monarch butterflies. Larval host for Henry's elfin butterflies. | Native to Maine and Virginia. Grows well in urban environments. Deer and rabbit resistant. |
| blue lobelia <i>(Lobelia siphilitica)</i> | Moist to moderate Sun to part shade 2-3' high 1-2' apart | blue flowers in early fall | Supports bees and butterflies. Provides nectar to at risk bumblebees. | Used in rain garden basins. Drought tolerant. Deer and rabbit resistant. |
| seaside goldenrod <i>(Solidago sempervirens)</i> | Dry Sun 2-4' high 1-2' apart | Yellow fall flowers | Supports bees, butterflies, and songbirds. Provides nectar for monarch butterflies. keystone larval host for many species, including wavy-lined emerald moths. | Used in vegetated buffers and rain garden slopes. Grows well in urban environments. Drought and salt tolerant. Deer and rabbit resistant. |
| white goldenrod <i>(Solidago bicolor)</i> | Moderate to dry Sun to part shade 2-3' high 1-2' apart | White and yellow fall flowers. | Supports bees, butterflies, and songbirds Larval host for 122 species, including goldenrod flower, derelict eucosma, confused eucarsa, and beautiful phaneta moths. | Grows well in urban environments. Drought and salt tolerant. Deer and rabbit resistant. |

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| cardinal-flower (<i>Lobelia cardinalis</i>) aka red lobelia | Moist Sun to part shade 2-3' high 1' apart | Red fall flowers. | Supports bees, butterflies, and hummingbirds. Larval host for several species, including the spicebush swallowtail | Used in vegetated buffers, rain garden basins and swale bases. Deer and rabbit resistant. |
| white wood aster (<i>Eurybia divaricata</i>) | Moderate to dry Sun to shade 1-2' high 1-2' apart | White fall flowers. | Supports bees and songbirds. supports predatory insects. Larval host for 2 species of dichomeris moths | Used in rain gardens. Grows well in urban environments. Drought tolerant. |
| New England American-aster (<i>Symphyotrichum novae-angliae</i>) | Moist to moderate Sun to part shade 2-4' high 2-3' apart | White and pink flowers in the late fall. | Supports bees, butterflies, and songbirds. supports predatory insects. Provides nectar for monarch butterflies. Larval host for the pearl crescent butterfly and Canadian sonia moth | Used in vegetated buffers and in the slopes of rain gardens and swales. Grows well in urban environments. Drought tolerant. |

*Not native to Massachusetts but native elsewhere in the U.S.

**Note this is a cultivar